

## Grade 5 EVS - Worksheet

### Prevention of Diseases

#### Answer the Following

1. \*\*What is an organ system?\*
2. \*\*What does the skeleton in our body form?\*
3. \*\*What is the framework formed by the bones in our body called?\*
4. \*\*What connects bones at a joint?\*
5. \*\*What are muscles attached to?\*
6. \*\*What helps bones to move?\*
7. \*\*What type of muscles can we control?\*
8. \*\*What type of muscles cannot be controlled by us?\*
9. \*\*What are cardiac muscles?\*
10. \*\*How many organ systems are there in our body?\*
11. \*\*Explain the function of the skeletal system.\*\*
12. \*\*Describe how bones are connected and what helps them to move.\*\*
13. \*\*What are voluntary muscles and give an example?\*
14. \*\*What are involuntary muscles and give an example?\*
15. \*\*Explain the role of cardiac muscles in the body.\*\*

16. **Why is the skeletal system important for movement?**
17. **What is the role of ligaments in the skeletal system?**
18. **How do muscles work with bones to enable movement?**
19. **Describe the difference between voluntary and involuntary muscles.**
20. **What would happen if our cardiac muscles stopped functioning?**
21. **How do the skeletal and muscular systems work together to maintain posture?**
22. **What would happen if ligaments were absent in our body?**
23. **Explain why we cannot control the movement of involuntary muscles.**
24. **Give an example of an activity that involves voluntary muscles.**
25. **Why are both the skeletal and muscular systems essential for movement?**